

Eastway Online Content Delivery Schedule

Weekly Learning Time for Grades 6-8					
	ELA	Math	Science	Social Studies	Electives
6th Grade	120 minutes*	120 minutes*	none	180 minutes*	180 minutes*
7th Grade	120 minutes*	120 minutes*	180 minutes*	none	180 minutes*
8th Grade	120 minutes*	120 minutes*	120 minutes*	120 minutes*	180 minutes*
Teacher Office Hours for Students by Content Area	Monday Math 9:15-11:15 Science 1:00-3:00	Tuesday ELA 9:15-11:15 SS 1:00-3:00	Wednesday Science 10:30-12:30 Electives A 1:00-2:30 Electives B 2:30-4:00	Thursday SS 9:15-11:15 Math 1:00-3:00	Friday Electives A 9:15-10:45 Electives B 10:45-12:15 ELA 1:00-3:00

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Recommended Weekly Student Schedule					
	Monday	Tuesday	Wednesday	Thursday	Friday
8:45 am - 9:15 am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:15 am - 12:30 pm	<p>Be sure to attend Math virtual office hours this morning</p> <p>Complete work for content areas as needed</p>	<p>Be sure to attend Language Arts virtual office hours this morning</p> <p>Complete work for content areas as needed</p>	<p>Be sure to attend Science virtual office hours this morning (7th & 8th grades)</p> <p>Complete work for content areas as needed</p>	<p>Be sure to attend Social Studies virtual office hours this morning (6th & 8th grades)</p> <p>Complete work for content areas as needed</p>	<p>Be sure to attend Electives (A & B-day) virtual office hours this morning</p> <p>Complete work for content areas as needed</p>
12:30 pm - 1:00 pm	Lunch	Lunch	Lunch	Lunch	Lunch
1:00 pm - 4:00 pm	<p>Be sure to attend Science virtual office hours this afternoon (7th & 8th grades)</p> <p>Complete work for content areas as needed</p>	<p>Be sure to attend Social Studies virtual office hours this afternoon (6th & 8th grades)</p> <p>Complete work for content areas as needed</p>	<p>Be sure to attend Electives (A & B-day) virtual office hours this afternoon</p> <p>Complete work for content areas as needed</p>	<p>Be sure to attend Math virtual office hours this afternoon</p> <p>Complete work for content areas as needed</p>	<p>Be sure to attend Language Arts virtual office hours this afternoon</p> <p>Complete work for content areas as needed</p>

Make sure you contact your teachers for questions or help.

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6-8 Parent Suggestions	6-8 Student Suggestions
<p>How can I support my student as a virtual learner?</p> <ul style="list-style-type: none"><input type="checkbox"/> Co-create a learning plan with your child for the week once he/she has reviewed the week's assignments for all courses. Post the learning plan in a common area and check with your child often to determine if he/she is on track or needs to modify the plans.<input type="checkbox"/> Encourage your child to do their best when completing tasks and assignments.<input type="checkbox"/> Encourage your child to contact the teacher when you or your child have questions or need feedback.<input type="checkbox"/> Encourage your child to attend teachers' virtual office hours and virtual check-ins.<input type="checkbox"/> Support your child in starting the daily work early in the day. Waiting until the late in the day to start work adds unnecessary stress and creates missed opportunities for collaboration and feedback.<input type="checkbox"/> Remind your child to take frequent breaks to stay focused.<input type="checkbox"/> Consider designating a dedicated workspace to maximize time on task and facilitate learning.	<p>How can I continue learning virtually?</p> <ul style="list-style-type: none"><input type="checkbox"/> Attend teachers' virtual office hours to stay updated on course work.<input type="checkbox"/> Access Canvas and digital tools through the student portal.<input type="checkbox"/> Create a learning plan for the week that reflects all your courses and their short term and long term deadlines.<input type="checkbox"/> Put in your best effort when completing tasks and assignments.<input type="checkbox"/> Be timely in giving feedback to your classmates when collaborating.<input type="checkbox"/> Be proactive and contact your teacher and other peers when you need help.<input type="checkbox"/> Let your teacher know if you lose access to a phone or computer, or if you have questions about assignments. <p>How can I stay organized?</p> <ul style="list-style-type: none"><input type="checkbox"/> Add current distance learning courses to your Canvas Dashboard for quick access.<input type="checkbox"/> Start your work early. Waiting until late in the day to start your work adds unnecessary stress and creates missed opportunities for time to work with a friend or get feedback.<input type="checkbox"/> Take short breaks to increase focus and stay motivated to complete tasks on time.<input type="checkbox"/> Find a quiet place to complete your work. <p>How do I stay connected?</p> <ul style="list-style-type: none"><input type="checkbox"/> Reach out to teachers and peers by email or phone.<input type="checkbox"/> Collaborate with peers and teachers using virtual options.<input type="checkbox"/> When possible, turn your video on when in class or group chats. Human connection is important.