



# MEDICATION AUTHORIZATION FOR CMS STUDENTS

|  |                         |   |
|--|-------------------------|---|
| School Name  | School Phone #          | <b>For School Use Only</b>  |
|  |                         | Date Received/Receiver's Signature:   |
| If submitting by fax: 704-432-2079 (School Health) |                         | Medication Received? <input type="checkbox"/> yes <input type="checkbox"/> no |
| Student's Name (Please print.)                     | Student's Date of Birth | Date Approved/Nurse's Signature   |
|  |                         | Entered in EHR? <input type="checkbox"/> yes <input type="checkbox"/> no      |

Written parent/guardian consent and an order from a healthcare provider licensed in North Carolina are required for administering prescription and over-the-counter medications at school (CMS Policy JLCD/Regulation JLCD-R). Contact the school nurse for help if relocating from another state with orders from an out-of-state provider. Some medications may not be suitable for a school setting. Additional documentation may be required for some medications (examples: research medications, medications with potential for immediate serious side effects). Contact the school nurse if you have questions.

## SECTION 1: LICENSED HEALTHCARE PROVIDER AUTHORIZATION

- When possible, medications should be taken before or after school. Administration of non-prescription medications at school is discouraged.
- CMS action plans for asthma, diabetes, seizure disorders and severe allergies may be used instead of this form. See CMS Coordinated School Health webpage.
- When using this form, complete a separate form for each medication; write legibly; use lay terms.
- Complete Section 3 for students who will self-carry and/or self-medicate.

|  |  |
|--|--|
| Medication:<br>(Generic/Brand)   | Controlled Substance? <input type="checkbox"/> yes<br><input type="checkbox"/> no          |
| Dose/Dosing Instructions:  | Route:   |
| Administration Time:<br><br>Relationship to meals: <input type="checkbox"/> Not applicable <input type="checkbox"/> With meals <input type="checkbox"/> With snacks<br><input type="checkbox"/> Other: | <input type="checkbox"/> PRN (specify time interval):                                      |
| Purpose:   | Check here if this medication is to be used for emergencies only. <input type="checkbox"/> |
| Side Effects/Adverse Reactions:  |  |
| Anticipated length of treatment:<br><input type="checkbox"/> School Year <input type="checkbox"/> Months <input type="checkbox"/> Weeks <input type="checkbox"/> Days                                  | Other Instructions (including emergency situations):                                       |

In my professional opinion, it is medically necessary for this student to receive this medication during school hours.

Signature of Healthcare Provider: \_\_\_\_\_ Date: \_\_\_\_\_

|   |              |
|---|--------------|
| Stamp, Print or Type Healthcare Provider's Name & Address | Office Phone |
|   | Office Fax   |

## SECTION 2: PARENT / LEGAL GUARDIAN CONSENT

- I understand: No medication will be given at school until this authorization has been approved by a school nurse. New authorization forms are required at the beginning of every school year, when the dose or directions change, and when a new medication is prescribed. It is my responsibility to supply the medication. Each medication must be in the original labeled container from the pharmacy or healthcare provider's office. Some pharmacies will provide an extra container for school use. Information about this medication and my child's health may be shared with school staff or agents of the school to help assure my child's safety and success at school. The school nurse may contact the healthcare provider who prescribed the medication and the pharmacy where the prescription was filled to discuss this medication and my child's health. Medications are given by a nurse or trained CMS staff.
- I give permission for my child to receive the medication described above during school hours. I give permission for the healthcare provider, pharmacist and their staff to provide information to the school nurse about this medication and my child's health.
- On behalf of my child, I release the Charlotte-Mecklenburg Board of Education, their agents and employees from any and all liability whatsoever that may result from my child taking this medication at school.

|                                     |       |                                     |
|-------------------------------------|-------|-------------------------------------|
| Parent/Legal Guardian Signature:    | Date: | Phone Numbers (mobile, work, home): |
| Parent/Legal Guardian (Print Name): |       |                                     |



# MEDICATION AUTHORIZATION FOR CMS STUDENTS

## SECTION 3: AUTHORIZATION FOR SELF-MEDICATION BY CMS STUDENTS

|                           |                                |
|---------------------------|--------------------------------|
| <b>Student's Name</b>     | <b>Student's Date of Birth</b> |
| <b>Name of Medication</b> | <b>Purpose of Medication</b>   |

### CMS ELIGIBILITY REQUIREMENTS FOR SELF-MEDICATION

Students with chronic conditions such as asthma, diabetes, severe allergies and those who require frequent doses of non-prescription products, may be eligible to self-medicate. Self-administration of a controlled substance will be considered in rare instances where potentially harmful medical episodes may occur. For self-medication, students: 1) must be mentally, emotionally, and physically capable of self-administering medication, 2) must have been instructed in proper use and safe-keeping of their medications, 3) must demonstrate mature and responsible behavior using their medication 4) must keep their medication secure on their own person or in some other manner agreed upon with the school nurse and the school administration, and 5) must not share medication with or display to other students. The privilege of being allowed to self-medicate may be taken away if there is any just cause. Failure to follow CMS policies and regulations may result in disciplinary actions as noted in the Student Code of Conduct. The CMS Board of Education, its designees and agents, do not assume responsibility for self-medication by students. Additional details are noted in CMS Policy JLCD/Regulation JLCD-R.

### HEALTHCARE PROVIDER

The student named above meets the CMS eligibility requirements for self-medication. This student is capable of, has been instructed on the procedures for and has demonstrated the skill to self-administer this medication as directed in Section 1 of this form. This student will not require adult supervision while taking this medication.

Is this medication a controlled substance?  yes  no

#### Check applicable items below:

- Please allow this student to self-administer this medication while at school during school hours.
- This student should carry this medication with him/her at all times during the school day, while at school-sponsored events, or while in transit to or from school or school-sponsored activities.

|  |              |
|--|--------------|
| <b>Healthcare Provider Signature:</b>    | <b>Date:</b> |
| <b>Healthcare Provider (Print Name):</b> |              |

### PARENT/LEGAL GUARDIAN

My child is capable of self-medicating and meets the CMS eligibility requirements. I give consent to the Charlotte-Mecklenburg Schools to allow my child to self-administer this medication at school. I understand that my child and I assume responsibility for the proper use and safekeeping of this medication. If this medication is for a life-threatening emergency such as anaphylaxis or asthma, I agree to provide a backup supply of the medication to be kept at school in a location to which my child has immediate access to assure the medication is available if needed. I release the Charlotte-Mecklenburg Board of Education, their agents and employees from any and all liability whatsoever that may result from my child carrying or taking this medication at school. I understand that information about this medication and my child's health may be shared with other school staff and agents of the school to help assure my child's safety and success at school. The school nurse may contact the healthcare provider who prescribed the medication and the pharmacy where the prescription was filled to discuss this medication and my child's health.

|  |              |
|--|--------------|
| <b>Parent/Legal Guardian Signature:</b>    | <b>Date:</b> |
| <b>Parent/Legal Guardian (Print Name):</b> |              |

### STUDENT

I am capable of taking this medication on my own. I agree to take this medication as ordered. I will keep it safe and out of the sight of others when I am not using it. I will not let others hold or use my medication or medical supplies. I understand that I will be disciplined under the CMS Student Code of Conduct if I abuse the privilege of being allowed to self-medicate while at school or school sponsored activities. I understand that I may lose the privilege of self-administering my medication if I do not follow these rules.

|                              |              |
|------------------------------|--------------|
| <b>Student Signature:</b>    | <b>Date:</b> |
| <b>Student (Print Name):</b> |              |

### SCHOOL NURSE

I have reviewed this request and acknowledge that this student has demonstrated the skill level to self-administer this medication. I have informed this student that he or she must tell an appropriate staff member whenever he or she has used the medication at school.

|                            |              |
|----------------------------|--------------|
| <b>Nurse Signature:</b>    | <b>Date:</b> |
| <b>Nurse (Print Name):</b> |              |

### PRINCIPAL / DESIGNEE

I have reviewed this request and approve this student for self-administering this medication.

|   |              |
|---|--------------|
| <b>Principal/Designee Signature:</b>    | <b>Date:</b> |
| <b>Principal/Designee (Print Name):</b> |              |