

Stoney Creek Elementary School

Student Services Newsletter

September 2022

September Attendance Tips for Parents

Help your child understand that school is their very first job!

Make school attendance a priority for your child

Talk to your child about the importance of daily attendance and how it helps their learning

Help your child develop good daily habits

Finish homework and put it in their backpack every night

Choose and lay out their clothes for the next day every night

Get their backpack ready for tomorrow and put it by the door

Pack their lunch/snack the night before

Leave early enough in the morning to get to school or the bus stop on time

Establish daily routines

Set a bedtime and an wake-up time and stick to it

Turn off all electronics an hour before bedtime

Set up an evening routine, i.e. snack, homework/reading time, dinner, shower/bath, reading before bed. Bedtime

Set up a morning routine, i.e. get up, bathroom, breakfast, brush teeth, etc.

When your child is sick

Only let your child stay home if they are truly sick. Sometimes complaints of a headache or stomach ache might be a sign of anxiety and not a reason to stay home. Contact your child's teacher or school counselor if you think that may be happening.

Follow the Sick day guidelines if you are not sure your child should stay home.

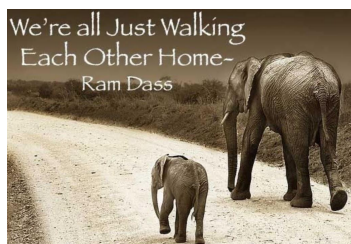
Appointments and vacations

Make every effort to schedule doctor, dentist and other appointments after school hours. Please bring your child back to school after the appointment, if they are able.

Plan vacations when school is not in session

National Suicide Prevention Week
September 4-10
National Suicide Prevention Lifeline -
Dial 988

Crisis Text Line
Text HOME to 741741



Student Sleep Health Week September 18-24

(Click link above)

Children ages 6-12 should sleep 9-12 hours every 24 hours on a regular basis to promote optimal health and school success.

National Women's Health & Fitness Day
September 28, 2022
10 Ways to Celebrate

(click link above)



National Historically Black Colleges and Universities Week

#HBCU

(click link above)

September 19-23



Teaching Children to Listen
Check out this article for the Seven Steps to Get Kids to Listen

(click link above)