

## Mental Health Crisis Resources for Students and Families

### Crisis Services (24 hours/7 days)

Mecklenburg County 24-hour Crisis Line (FREE) 1-800-939-5911

Mobile Crisis 704-566-3410 Option 1 (FREE service that will come to my location)

### Behavioral Health Urgent Care Center (see walk-in hours below)

Monarch Open Access Center: 5700 Executive Center Dr., Suite 110, Charlotte, NC 28212

1-866-272-7826

Walk-in Hours: 8-3 Monday-Thursday, 8-1 Friday

### Crisis Center (24 hours/7 days)

SECU Youth Crisis Center: 1810 Back Creek Dr., Charlotte, NC 28213

1-844-263-0050

The SECU Youth Crisis Center provides access to timely, age-appropriate, inpatient mental health care for children and adolescents, ages 6-17, both during a time of mental health crisis and beyond.

### Behavioral Health Emergency Rooms (24 hours/7 days)

Behavioral Health Charlotte (704-444-2400, 501 Billingsley Road)

Novant Health Presbyterian Main (Ages 7 & up for Behavioral Health Services; 704-384-4255, 200 Hawthorne Lane)

### Follow-up Counseling or Therapeutic Providers

Cardinal Innovations (mental health referrals-multiple languages) 1-800-939-5911

Teen Health Connection 704-381-TEEN <http://www.teenhealthconnection.org/>

Grief Counseling: Kindermourn 704-376-2580 <http://www.kindermourn.org/> or Hospice & Palliative Care 704-375-0100

### 24-hour National Hotlines (Free)



Text "Home" to 741741



Lifeline TTY for Deaf & Hard of Hearing: 1-800-799-4889

The Trevor Project: <http://www.thetrevorproject.org/pages/get-help-now>

Crisis Intervention Services for LGBTQ ages 13-24 by calling 1-866-488-7386 or texting "Trevor" to 1-202-304-1200

### Suicide Awareness and Support Information

American Foundation for Suicide Prevention: <http://www.afsp.org>

Suicide Prevention Resource Center: <http://www.sprc.org/>

Society for the Prevention of Teen Suicide Parent Center: <http://www.sptsusa.org/parents/>

Society for the Prevention of Teen Suicide Teen Center: <http://www.sptsusa.org/teens/>

National Alliance for Mental Illness Charlotte: <https://nami-charlotte.org/support-groups/>

Parent Voice: (704) 365-3454 or (704) 365-4380

The inclusion of a name or service on this list should by no means be considered a recommendation or endorsement by Charlotte-Mecklenburg Schools. In addition, any arrangement for services rendered and any financial obligations incurred are the responsibility of the parent(s) or guardian(s) and not Charlotte-Mecklenburg Schools.